

Est. 1984

STARTERS

BREAD BALSAMIC & OLIVE OIL - 3.00

MARINATED OLIVES - 3.00

GARLIC PIZZA - 5.95
Tomato, Garlic & Oregano

CRISPY DUCK PARCEL - 5.95
Spring Onion & Hoi Sin Sauce in a Filo Parcel

SOUP OF THE DAY - 4.95
Crusty Granary or Garlic Bread

FRESH MUSSELS - 7.75
White Wine, Garlic & Cream with Crusty Granary Bread

DEEP FRIED BRIE - 5.75
Cranberry Sauce

GOATS CHEESE BRUSCHETTA - 5.25
Oven Baked with Sun Dried Tomatoes & Basil Pesto

BEETROOT & FETA ARANCINI - 5.95
Horseradish Crème Fraîche

CORNISH FISH CAKES - 6.50
Sweet Chilli Dip

GARLIC MUSHROOMS - 5.25
Breaded & Deep Fried, with Garlic Mayonnaise

SIZZLING GARLIC PRAWNS - 7.50
Olive Oil, Chilli & Garlic

POP POP POLLO - 5.95
Shredded Chicken Breast, Crisp Ice Berg Lettuce, Chilli Peanut Sauce

PRAWN COCKTAIL - 6.95
Marie Rose Sauce & Crusty Granary Bread

CRISPY FRIED CHILLI SQUID - 6.95
Citrus Mayonnaise & Sweet Chilli Dips

SIDES

GARLIC BREAD - 2.50

CHEESY GARLIC BREAD - 3.50

CHUNKY FRIES - 2.75

TRUFFLE FRIES, Rosemary Sea Salt & Parmesan - 3.75

SPICY POTATO WEDGES Sour Cream & Sweet Chilli Dips - 3.75

MIXED SALAD - 3.95

FRESHLY BAKED DOUGH BALLS with Garlic Butter - 3.95

ROCKET & PARMESAN SALAD - 4.50

SEAFOOD

PLEASE SEE SPECIALS BOARDS FOR THE FRESHEST FISH FROM THE MARKET

PIZZA

OUR SOURDOUGH STONE BAKED GOURMET PIZZAS ARE AVAILABLE IN TWO SIZES: REGULAR 10'' AND LARGE 12''

MARGHERITA
Regular 8.50 - Large 9.95
Tomato, Oregano & Mozzarella Cheese

HAWAIIAN
Regular 8.95 - Large 10.95
Ham, Pineapple, Mozzarella & Oregano

MEDITERRANEAN
Regular 9.75 - Large 11.75
Roasted Mediterranean Vegetables, Goats Cheese & Basil Pesto

AMERICAN HOT
Regular 9.75 - Large 11.75
Pepperoni, Jalapeño Peppers Spicy Chorizo, Red Onion & Fresh Chillies

FIorentina
Regular 9.75 - Large 11.75
Spinach, Egg, Olives, Mozzarella & Fresh Parmesan

SPICY CHICKEN
Regular 9.75 - Large 11.75
Chicken, Chillies, Red Onion, Fresh Coriander, Sour cream & Mozzarella

NAPOLITANA
Regular 9.75 - Large 11.75
Olives, Anchovies, Capers & Oregano

SEAFOOD
Regular 9.95 - Large 11.95
Prawns, Mussels, Anchovies & Mozzarella

CARNI
Regular 9.75 - Large 11.75
Pepperoni, Chorizo, Mozzarella & Bolognese Sauce

CARDINALE
Regular 8.50 - Large 10.50
Ham, Mushroom, Goats Cheese & Mozzarella

CRISPY DUCK
Regular 9.95 - Large 11.95
Hoi Sin Sauce, Cheddar Cheese, Spring Onion & Cucumber

POLLO BLANCO CON FUNGI
Regular 9.75 - Large 11.75
Chicken, Mushroom & Spinach with White Wine Sauce

CAPRICIOSA
Regular 9.95 - Large 11.95
Ham, Egg, Anchovies, Roasted Peppers, Capers & Olives

PEPPERONI
Regular 9.75 - Large 11.75
Spicy Pepperoni Sausage, Mozzarella & Oregano

CREATE YOUR OWN PIZZA

Start with a Tomato & Cheese base, then add any toppings of your choice to create your own Pizza

PIZZA BASE - REGULAR 6.95 - LARGE 8.95
TOPPINGS EACH - REGULAR 1.50 - LARGE 1.95

Anchovies / Bacon / Capers / Chicken / Chorizo / Egg / Peppers / Goats Cheese / Ham / Mushrooms / Mussels / Olives / Pepperoni Pineapple / Jalapeños / Prawns / Spinach

POULTRY

SLOW ROASTED DUCK CONFIT - 13.95
Parmesan Mash, Buttered Spinach & a Rich Plum Gravy

PAN FRIED CHICKEN BREAST - 12.95
Wild Mushroom Cream Sauce, Wilted Spinach & Parmesan Mash

STEAKS

PRIME CORNISH BEEF CHARGRILLED TO YOUR TASTE, ONION RINGS, MIXED SALAD & EITHER CHUNKY FRIES OR PARMESAN MASH - GARLIC BUTTER OPTIONAL

SIRLOIN STEAK 8oz or 12oz - 16.95 / 19.95

RIB EYE STEAK 8oz - 15.95

FILLET STEAK 8oz - 18.95

SAUCE OF YOUR CHOICE - 2.25
Mushroom, Pepper, Wholegrain Mustard or Port & Stilton Sauce

SAUTÉD MUSHROOMS - 2.25
Pan Fried In Garlic Butter

PASTA

Served with Fresh Parmesan

PASTA BOLOGNESE - 9.25
Classic Italian Bolognese Sauce, Fresh Pasta & Parmesan

CARBONARA - 9.95
Smoked Bacon, Garlic, Cream, Egg Yolk, Parmesan & Fresh Pasta

CHICKEN TARRAGON TAGLIATELLE - 9.95
Sautéed Chicken, Red Onion & Garlic in a Creamy Tarragon Sauce

TRADITIONAL LASAGNE - 10.95
Salad & either Fries or Garlic Bread

CHICKEN & BACON LASAGNE - 10.95
Salad & either Fries or Garlic Bread

SPINACH & RICOTTA LASAGNE - 10.95
Salad & either Fries or Garlic Bread

SPICY MEATBALLS - 10.50
Garlic & Chilli Tomato Sauce with Linguine Pasta

SPICY BEEF LINGUINE - 11.95
Sautéed Sirloin with Chilli, Garlic, Ginger, Mangetout, Red Onion & Peppers

CORNISH CRAB & PRAWN PASTA BAKE - 11.95
Local Crab & Atlantic Prawns in a White Wine Sauce with Penne Pasta, Mozzarella & Garlic Bread

CHILLI PRAWN LINGUINE - 10.95
Tiger Prawns Sautéed with Garlic Sun Dried Tomato & Fresh Chilli

CAJUN CHICKEN - 10.95
Pan Fried Chicken, Mushrooms, Peppers & Chillies in a spicy Cajun Sauce. Medium or Hot!

POMODORO E BASILICO - 9.25 WITH CHICKEN - 10.75
Sun Dried Tomatoes, Mushrooms, Greek Yoghurt, Parmesan & Basil Pesto

CHILLI CRAB LINGUINE - 12.95
Fresh Cornish Crab, Chilli, Garlic & Lemon

TAKEAWAY
10% DISCOUNT